



**Section Two: Your Travel Experience:**

Please choose one answer for each of the following;

In the past **five** years how many times have you:

- i. Travelled outside of your home **community**?  Never  Once  2-5 times  More than 5 times
- ii. Travelled outside of your home **territory**?  Never  Once  2-5 times  More than 5 times
- iii. Travelled outside of **Canada**?  Never  Once  2-5 times  More than 5 times

Please list your travel experience from the past 5 years. Include travel for school, exchange programs, family vacations, land trips etc. (use extra pages if necessary)

Where did you travel?	When was the trip? How long did you stay?	What was the trip for?	Who did you travel with?
1			
2			
3			
4			
5			

Have you ever lived away from home before?

- Yes
- No

If yes, where did you live, for how long and why?

### Section Three: About You

1. Are you currently in school? (please check with ✓)

- Yes, I am in grade \_\_\_\_\_.
- No, because I graduated in 20\_\_\_\_.
- No, the last grade I completed was grade\_\_\_\_\_ in 20\_\_\_\_\_.

2. Are you currently working? (please check with ✓)

- Yes, full-time       Yes, part-time       No

If you answered "Yes" where are you working? \_\_\_\_\_

3. If selected, you will be volunteering at a work placement for 35 hours a week during the summer. What type of work placement would you be interested in volunteering at? (check all that apply)

- Recreation       In an Office       Trades       With Animals
- With Children       With Elders       Health/Medical       Technology
- Artistic/Creative       Travel/Tourism       Cooking/Baking       Customer Service
- Environment/Wilderness       Other \_\_\_\_\_

### Section Four: NYA

1. What are the **three** main reasons you are applying to Northern Youth Abroad: **(only check three)**

- Travel       Experience a new/different culture       Leadership Development
- Gain work experience       Qualify for the Next or International Program       High school credits
- Personal challenge       Prepare for College/University
- Meet new people       Other: \_\_\_\_\_

2. How do you think being an NYA Participant would help you?

3. Is there anything else you would like to tell us about yourself?

4. Do you have any questions about any part of the NYA Canadian Program?

### Section Five: Health Information

All NYA participants and alternates have to have medical forms filled out by a doctor or a nurse before they are allowed to travel. Having a medical condition does not mean you cannot participate, but it is important for us to be aware of your medical history so we can support you when setting up your host family, work placement, and community details.

1. Rate your overall physical health?       Poor    Fair    Good    Excellent

2. Rate your overall emotional health?       Poor    Fair    Good    Excellent

3. Do you have or have you ever had any mental or physical health issues/conditions that could affect your participation?

No       Yes

If yes, please provide details (including how it could affect your participation):

Are there any supports you will need to participate/be successful in the NYA Canadian Program? Please explain?

## Section Six: Mentor Information

You will need a mentor to help you with your assignments as you get ready for your summer placement.

### What is a mentor?

A mentor can be any **adult** who is willing to help you with your assignments, stay on track with your work, and prepare to travel south. Mentors live in the same community as you and volunteer their time to help guide you through the program and the required assignments.

Through a series of assignments and summer work placements, participants earn 9 credits towards their high school diploma. The assignments are completed by the participant between January and November and will require support from the mentor during this time.

### Who can be a mentor?

You can choose anyone as a mentor as long as:

- They have the time and are willing to help you with your assignments. They should be able to help you at least one hour a week, or more, between January and the beginning of June.
- They are an adult. Mentors can be teachers, NYA alumni, Recreation Coordinators, Youth Centre staff or anyone else in your community who can help you achieve your goals.
- They are someone who does not live in the same house as you.

### Who cannot be a mentor?

- Your mother, father, sister or brother or someone who lives in the same house as you.

### Mentor Information (To be filled out by your mentor)

<b>Mentor's First Name:</b>		<b>Mentor's Last Name:</b>	
<b>How do you know the applicant:</b>		<b>Email address:</b>	
<b>P.O. Box:</b>	<b>Community:</b>	<b>Postal Code:</b>	
<b>Work Phone Number:</b>	<b>Fax Number:</b>	<b>Home Phone Number (Optional):</b>	
<b>Best way to contact you:</b> <input type="checkbox"/> Email <input type="checkbox"/> Fax <input type="checkbox"/> Phone	<b>Signature giving consent as mentor:</b>		
<input type="checkbox"/> I have completed the "NYA Referral Form" for this participant and submitted it to the NYA office. Referral forms are available online at <a href="http://www.nya.ca">www.nya.ca</a>			

## STOP! Have you completed your entire application package?

### Application check-list:

- My application form is completed on all six (6) pages.
- I have chosen a Mentor, and they have agreed to Mentor me.

### Referral Forms:

Along with your application every applicant needs to have two Participant Referral Forms filled out and sent to NYA. One needs to be filled out by the person that you have picked as your Mentor, and the other one by a non-family member.

**Participant Referral Forms are available at [www.nya.ca](http://www.nya.ca).**

- My Mentor will submit a **Participant Referral Form** to NYA by November 19<sup>th</sup>, 2018
- I have selected a second person to fill out a **Participant Referral Form** for me and they will submit it to NYA by November 19<sup>th</sup>, 2018.

Their name is: \_\_\_\_\_

Their Email Address is: \_\_\_\_\_

(This is optional but if you fill in the email address we can send them the form)

**\*If submitting a hard copy, please send your completed application package to\***



Fax: 613-232-2121



Email: [nya@nya.ca](mailto:nya@nya.ca)



Mail: 311 Richmond Road Suite 308  
Ottawa ON K1Z 6X3

*Thank you for applying to Northern Youth Abroad!  
You will hear from us soon!*

**If you have any questions, feel free to e-mail us at [nya@nya.ca](mailto:nya@nya.ca)  
or call toll-free 1-866-212-2307**