

Section Two: ABOUT YOU

1. Are you currently in school?

- Yes, I am in high school, in grade _____
- Yes, I am in post-secondary
- No, I graduated in the year 20 _____
- No, I do not attend school. The last grade I completed was grade _____ in the year 20 _____

2. Are you currently working?

- Yes, full-time Yes, part-time No

If you answered 'Yes', where are you working? _____

3. If selected, you will be volunteering for 35 hours per week during the summer. What type of work placement would you be interested in volunteering at? Please check all that apply.

- Recreation In an Office Trades With Animals
- With Children With Elders Health/Medical Technology
- Artistic/Creative Travel/Tourism Cooking/Baking Customer Service
- Environment/Wilderness Other _____

4. Which Program(s) are you applying to? Please note that you can apply to both.

- Canadian Program NYA Next Program Both

**See page 8 for more details on our Programs*

If applying for both, which program would you prefer? _____

5. How did you hear about NYA?

6. Why would you be a good group member as part of the NYA Program?

Section Three: WHY ARE YOU APPLYING TO NYA?

1. What are the **three** main reasons you are applying to Northern Youth Abroad (**only check three**):

- Travel
- Experience a new/different culture
- Leadership Development
- Gain work experience
- Qualify for the International Program
- High school credits
- Personal challenge
- Prepare for college/university
- Meet new people
- Other: _____

2. How do you think being an NYA Participant would help you?

3. What are your goals? What do you want to do in the future? This can be career, school, or personal.

4. Is there anything else you would like to tell us about yourself?

5. Do you have any questions about any part of NYA?

Section Four: YOUR TRAVEL EXPERIENCE

Please choose one answer for each of the following questions.

In the past **five** years, how many times have you:

- i. Travelled outside of your home **community**? Never Once 2-5 times More than 5 times
- ii. Travelled outside of your home **territory**? Never Once 2-5 times More than 5 times
- iii. Travelled outside of **Canada**? Never Once 2-5 times More than 5 times

Please list your travel experience from the past 5 years. Include travel for school, exchange programs, family vacations, land trips etc. *Please use extra pages if necessary.*

| Where did you travel? | When was the trip? How long did you stay? | What was the trip for? | Who did you travel with? |
|-----------------------|--|------------------------|--------------------------|
| 1 | | | |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |

Have you ever lived away from home before?

- Yes
- No

If yes, where did you live, for how long and why?

Section Five: HEALTH INFORMATION

All NYA participants and alternates must get medical forms filled out by a doctor or a nurse before they are allowed to travel. **You may still participate in NYA with a medical or mental health issue**, but it is important for us to be aware of your medical history so we can support you when setting up your host family, work placement, and community details.

1. Rate your overall physical health: Poor Fair Good Excellent

2. Rate your overall emotional health: Poor Fair Good Excellent

3. Do you have, or have you ever had, any mental or physical health issues/conditions that could affect your participation?

No Yes

If yes, please provide details (including how it could affect your participation):

You can also contact us to discuss this directly

4. Are there any supports you will need to participate and be successful in the NYA Canadian and/or Next Program? Please explain.

Section Six: MENTOR INFORMATION

You will need a mentor to help you with your assignments, as you get ready for your summer placement.

What is a mentor?

A mentor can be any **adult** who is willing to help you with your assignments, stay on track with your work, and prepare to travel south. Mentors live in the same community as you and volunteer their time to help guide you through the program and the required assignments.

Through a series of assignments and summer work placements, participants earn up to 9 credits towards their high school diploma. The assignments are completed by the participant between January and November 2026 and will require support from the mentor during this time.

Who can be a mentor?

You can choose anyone as a mentor as long as:

- They have the time and are willing to help you with your assignments. They should be able to help you at least one hour per week, or more, between January and the beginning of June.
- They are an adult. Mentors can be teachers, NYA alumni, Recreation Coordinators, Youth Centre staff or anyone else in your community who can help you achieve your goals.
- They are someone **who does not live in the same house as you.**

Who cannot be a Mentor?

- Your mother, father, sister, brother, grandparent or anyone who lives in the same house as you.

Mentor Information (To be filled out by your Mentor)

**Please note, if you are a Mentor who has already filled out your contact info on another application, you can leave those sections below blank, and we will find your contact info.*

| | | | |
|--|-------------------|--|--------------------------------------|
| Mentor's First Name: | | Mentor's Last Name: | |
| How Do You Know the Applicant: | | Mentor's Email Address: | |
| P.O. Box/Address: | Community: | | Postal Code: |
| Work Phone Number: | | Fax Number: | Home Phone Number (Optional): |
| Best Way to Contact You: <input type="checkbox"/> Email <input type="checkbox"/> Fax <input type="checkbox"/> Phone | | Signature Giving Consent as Mentor: | |
| <input type="checkbox"/> I have completed the 'NYA Referral Form' for this Participant and submitted it to the NYA office. Referral forms are available online at www.nya.ca/apply | | | |

Referral Forms:

Along with your application, every applicant needs to have **two Participant Referral Forms** filled out and sent to NYA. One needs to be filled out by your Mentor, and the second by another non-family member.

| | |
|--------------------------------|-------------------------|
| Second References Name: | Second Reference Email: |
| Second Reference Phone Number: | How Do You Know Them? |

Participant Referral Forms are available at www.nya.ca/apply

STOP! Have you completed your entire application package?

Application Checklist:

- My application form is completed on all seven (7) pages.
- I have chosen a Mentor and they have agreed to mentor me.
- My Mentor will submit a **Participant Referral Form** to NYA by November 19th, 2025.
- I have selected a second person to fill out a **Participant Referral Form** for me and they will submit it to NYA by November 19th, 2025.

Their Name Is: _____

Their Email Address Is: _____

**This is optional, but if you fill in the email address, we can send them the form.*

If submitting a hard copy, please send your completed application package to



Fax: 613-232-2121



Email: nya@nya.ca

**If you have any questions, feel free to e-mail us at nya@nya.ca
or call toll-free 1-866-212-2307, or text 1-867-888-4001**



NYA PROGRAM INFORMATION

NYA has opened recruitment for two Core Programs:

1. NYA Canadian Program
2. NYA Next Program

These two Programs have different goals, outcomes, and activities. They also have different travel dates and take place in different locations. Read about both programs, and think about your goals, what you want to gain from NYA, and where you think you'll be a better fit. Participants can also ultimately do both! Youth can do one program one year, and do the other program in another year!

ALL NYA PARTICIPANTS:

- Earn up to 9 high school credits.
- Do assignments from February-October, with the help of a Mentor.
- Travel during the summer.
- Learn new skills.
- Share their culture while experiencing others.
- Visit college and university campuses and learn about post-secondary.

NYA CANADIAN PARTICIPANTS:

- Travel away from home from around **June 15th until around July 31st.**
- Live with a Host Family and another NYA Participant in a southern province.
- Volunteer 35 hours a week at a work placement.
- Gain independence.
- Learn about career options and get work experience.
- Experience life in the south.

NYA NEXT PARTICIPANTS:

- Travel away from home from **around July 3 to around July 31st.**
- Live at a college residence in Ottawa, with a group of around 16 other youth.
- Explore your own interests.
- Prepare for post-secondary and next steps.
- Volunteer and contribute to the community.
- Complete hands-on classes college like construction and cooking.
- Experience city life.
- Work and live as a team.

Want to learn more? Visit www.nya.ca for more information.